

# Surgery Check List

Please make a copy of this check list, and refer to it throughout your surgery scheduling process. It covers all the salient points, and alone is enough to get you to surgery!

	What you need to do	When	Remarks	What we do	
Initially	Make Contact	You've done that now!		Send an initial reply explaining most of what you need to know. The reply includes a Patient profile questionnaire at the end of it, which we ask you to complete and return to us	
	HIV		If you have ever have been tested HIV+, we cannot accept you for surgery. That's a rule of the private hospital where Dr Suporn does the operations		
PreRequisites	SRS Only	SRS Referral Letter	As an absolute minumum requirement, you MUST have a referral for SRS, written by a psychosexual specialist or therapist. We must see that by no later than 6 weeks before any SRS operation. You can book an operation before you have the letter, but must be confident that you will have a letter before the date of surgery - or we can't proceed. You need 2 referrals to undergo SRS in Thailand. You must provide the first, and we help you with the second when you arrive for surgery. We cannot provide both		
		Under 18 years old	Under Thai regulations, Dr Suporn cannot undertake SRS for you until you are 18 years old		
		Under 20 years old	You <b>MUST</b> provide a letter from your parents or guardians agreeing for you to undergo SRS or FFS. That rule is a Thai rule and pertains irrespective of your legal rights in your own country		
		Return the completed Patient profile Questionnaire	Before choosing a date	We will not accept a reservation for surgery before you have done this. It tells us whether you are medically eligible for surgery or not.	
		Send photos for FFS assessment		You will already have been sent a guide on how to take good pictures. Please follow what it says!	

PreRequisi	FFS Only				Carry out a complete FFS appraisal for you, from which you can decide which FFS procedures you would prefer to do. The appraisal is free and comprehensive, and includes a price quotation for what we suggest
	Leading up to surgery	Choose a date, and tell us which operation procedures you wish to undergo		Calendar is at <a href="http://www.suporncclinic.com/clients/calendar.htm">http://www.suporncclinic.com/clients/calendar.htm</a>	Provisionally reserve the date you have asked for Send you details about how to make payments. Preferred method is inter-bank transfer. We don't accept credit cards
		Send the deposit		You need to pay the deposit of 20% of the price of the operation within 21 days of agreeing the date	Send a receipt. Confirm the date of surgery Ask you to book your flights and send the itinerary Re-send the planning information about when you need to arrive, and how long you need to stay. That's a reminder of what is in the initial email, which also guides you about visa requirements
		Book your flights	Not before we have confirmed the date of surgery	Apply for a visa if necessary. We will already have given guidance about visas Make sure your arrival date is at least 2 full free days before your operation If you'd like to do some sightseeing as well, arrange to do it before your operation, not after.	

Leading up to surgery

<p><b>Send a full copy of your flight itinerary</b></p>	<p>As soon as you've booked the flights</p>		<p>Acknowledge the itinerary Send you full details about the hotel and hospital prices</p> <p>Send a short Accommodation Request questionnaire for you to tell us what accommodation you would like us to book, and which guests will be with you (if any). You do not NEED to bring any guests because we look after you! However, they are always welcome if you'd like some company.</p>
<p><b>Return the completed Accommodation Request</b></p>		<p>Hotel and hospital both have broadband access at additional cost</p>	<p>Acknowledge receipt of hotel and hospital accommodation request We book the hotel for you as a block booking. There will be no formal reservation confirmation from the hotel</p>
<p><b>Pre-Medical</b></p>		<p>You do not need a pre-medical examination or tests. We do all of that prior to hospital admission. We do not need to see blood tests, or other medical reports unless we specifically ask you for them</p> <p>You do not specifically need any vaccinations or immunisations prior to travel, but may of course do them optionally. Always check your own Embassy advice for travel updates</p>	
<p><b>Send Final Payment</b></p>	<p>By 30 days before surgery</p>	<p>You can send additional payments whenever you wish after paying the deposit - but we ask for final payment to be made by no later than 30 days before your operation. No operation will proceed before it is paid for in full</p>	<p>Send receipts and account status</p>

## Travel Preparations

SRS Only

### Decide what to pack

Keep clothes simple, and to a minimum. It's always hot in Thailand. The weather is here:  
<http://www.wunderground.com/global/stations/48456.html>

Electrical supply is 240V, 60Hz. Plugs are a dual combination of European and North American

The Thai currency is Thai baht. You can't spend Dollars, Pounds, Euros or other currencies, but they can easily be changed into Baht at any bank. It's best to change foreign currency in Thailand, not before you travel.

### SRS Referral Letter

All patients undergoing SRS **MUST** present an originally signed referral letter for SRS. We recommend that you hand carry the document and bring it with your passport. Hand carrying is safer than mailing. If you haven't already sent it to the Clinic (not recommended) - be sure to make sure you bring it!

### HRT and Medication

You don't need to bring any medication or supplies for surgery, for recovery from surgery. We provide those. However, if you are prescribed medication for anything you are already being treated for, you must bring your own supply of that medication

You must stop HRT before travelling. You will have been reminded about that with the guide to meeting at the airport

Stop oral HR, gels and patches 7 days before you leave  
Time last injectable HRT to have expired by 7 days before you travel

Arrival	Arrive at Bangkok Airport, or a place where you'd like us to meet you in Thailand	At least 2 days before surgery		<p>We collect you from the airport, and return you again at the end of your stay. That's included in the price. If you wish to do some touring first, we will collect you from a hotel instead providing it is not too far from Chonburi.</p> <p>We send you the guide about meeting you at the airport (or a hotel of your choice) about 2-4 weeks before your operation, as well as a detail guide as to what you need to do about HRT and other medication</p>
	Check in at Hotel		You pay the hotel when you check out, not us Ring home and tell friends and relatives where you are. We don't provide an "on-call" status report for each patient to their friends or relatives at home	We take you to the hotel, where your reservation will already have been made for you
Pre- and Post Operative	Appointments	Afternoon Before Surgery <b>Surgery Day</b>	You are admitted to hospital, and prepped for an early morning start  It's arrived!	We give you times for each of your pre-operative appointments when you arrive
	Post-operative			<p>We provide all the care and medication you need, as well as a starter pack for dilation if you are undergoing SRS. You are visited and helped every day by our staff while you are in the hospital and hotel</p> <p>We provide a standard certificate of SRS. If you require a special certificate or Affidavit that needs to be notarised (check with your own authorities what they need for document changes) we will do that for you, but at extra cost.</p> <p>We provide on-going post-operative care and surgery for as long as you need after you have undergone the primary operation, at no extra cost to you other than travel costs if necessary</p>